

# How Long Does Vape Juice Last?

With so many different vaporizers and types of e-liquid on the market, plenty of people may be left wondering, "How long does vape juice last?" The answer depends on a couple of different factors—things such as the composition of your vape juice and how it's stored play a considerable role. Typically, e-liquid can last for up to two years if properly stored, but the question remains: does vape juice expire?

## Does Vape Juice Go Bad?

The short answer: kind of.

Most vape juice bottles will have an expiration date, usually for around a year after the product was made. However, this doesn't necessarily mean you have to stop using your vape juice after that date. Vape juice is a shelf-stable product, which means that it can stay suitable for human consumption for one to two years and sometimes remain usable well after the date printed on the bottle.

You should still be careful, though, and always make sure you check any older vape juice for signs that it may have gone bad. If not stored away from heat and sunlight, it might even go bad before the printed expiration date. Here are some of the tell-tale signs you might not want to use that old vape juice you've had laying around:

- A change in color. E-liquid will often become darker over a long time, so this can be a quick way to tell if it has expired. Though E-liquids do tend to naturally darken when you steep it, which doesn't necessarily mean it has turned.
- An unusual smell. Expired vape juice tends to give off a strong, bad smell, just like something expired in your fridge. If it has a strong smell that's noticeably different from what it should be, it's probably best to toss it.
- A change in thickness. Bad e-juice will have a thick, oil-like consistency that is very different from in-date e-liquids.

## Can Vape Juice Go Bad and Then Make Me Sick?

Fortunately, no! The biggest drawbacks to using old or expired vape juices and e-liquids are a potentially poor, peppery aftertaste, as well as less flavor overall from the e-liquid. Neither of these things are dangerous for your health or will make you sick. So at the end of the day, it's up to the individual user to determine if their e-liquid is too noticeably expired to use.

However, there is one drawback that may impact the effectiveness of your e-liquid. Those using vapes to actively quit smoking should make sure they're avoiding expired e-liquid because of

the weakened hit of nicotine. If you're trying to limit your intake incrementally, expired e-liquid might not meet your needs, despite what the packaging says. Much of the time, it's not as much about can vape juice expire, as it's about whether or not you may want to try vaping a sub-par product.

## **How Should I Store My Vape Juice?**

The best way to make sure you don't have to throw out e-liquid is by learning how to properly store them. Vape juices are best kept stored in a high-quality bottle, out of direct sunlight and away from heat, and even room temperature. If it is kept in a warm environment or in direct contact with sunlight, your vape juice could go bad well before the expiration date printed on the bottle. This will ultimately cause your vape juice to separate and start to lose flavor and effectiveness.

As a warning, even though vape juice needs to be kept in cool temperatures, you should also avoid putting them in the fridge or freezer. Putting e-juice in the fridge can also cause some types to thicken, and eventually make them unusable. Not only that, but the plastic bottles most vape juices come in are actually not the best solution for long-term storage. If you plan on using your vape juice over a very long period of time, it is best to transfer it to a tinted glass bottle to help preserve its quality. These glass bottles are cheap and can help everything last longer, helping you save a lot of money and hassle.

If you store your e-liquid properly, you will significantly extend the shelf life past the expiration date. How long greatly depends on factors such as the flavor and its quality, but you can generally keep any e-liquids for two to five years with proper storage in a tinted bottle.

## **How Long Does 2ml Of Vape Juice Last?**

While it would be ideal if we could provide the same answer to "how long does e-juice last" to everyone, the truth is how long any given amount of e-liquid is fresh directly depends on you and your vaping habits. Someone who is only vaping socially will go through supply much slower than someone who's just starting the fight to kick their tobacco habit. Generally speaking, 2ml is really not a lot of vape juice, but it depends.

How long vape juice lasts also depends on how you vape. If you vape throughout the day and are consistently at high temperatures, you can be using as much as 60ml of vape juice per week. Meanwhile, someone who vapes less a little less often and at lower temps might only average about 30ml of vape juice per week. Ultimately, how long does e-liquid last comes down to you and your vaping habits more than anything else. As you can see, 2ml of vape juice can last one person for one or two full days, while another might not make 2ml last more than half a day.

## **Conclusion**

Whether you're a brand new vaper, or just someone who recently upgraded to a different setup, it's very important to understand how long everything will last. After all, the last thing you want is

to find yourself fresh out at the worst possible moment. The only way to make sure that doesn't ever happen to you is to ask yourself, how long does vape juice last, and plan your storage accordingly.