

# What you need to know about vegan soap



## **Soap: a skincare staple.**

Perhaps the most widely used skincare product, soap is present in everyone's bathroom. It is one of the best items for germ removal and infection prevention. Being designed for dirt eradication, soap bars help to keep your hands, face, and body clean by also washing sweat sebum and natural oils from your skin. It is a big part of our lives, which is why it is key to have many options to choose from when it comes to buying this product.

## **How soap works to neutralize bacteria:**

All soaps, even the ones made by popular beauty brands, aim to destroy bacteria and invisible pathogens or germs. In order to do this, they have a hybrid structure. Soap is made of molecules with a pin-like shape, and each one of them has a hydrophilic head and a hydrophobic tail. This combination of soap molecules is able to introduce themselves to the lipid wrapping structure of viruses and germs, opening and destroying them by force. Therefore, soap bars and liquid soaps help remove the oil, dirt, and germs from your skin. Then, washing them with enough water makes all the bacteria go away.

## **Cruelty-free and vegan soap.**

One would instinctively think every soap bar in the world is vegan, right? Well, that is not the case. Soaps can be 100% plant-based and cruelty-free, but that does not mean that is the norm for these products. While many soap brands offer both vegan and non-vegan options, there are more of these items that test on animals and use animal byproducts than there are plant-based ones. This is something all vegans should be aware of, to make sure they do not pick the wrong type of soap by accident.

## **How to identify vegan soaps:**

You should look through all the information about the soap you are considering buying, especially the ingredients list. Down below you will find a few useful guidelines.

## **Ingredients to pay attention to:**

### **Common regular soap ingredients to avoid:**

Sodium Tallowate (animal fat)

Beeswax (produced by bees)

Glycerine (derived from animal fat)

Squalene (shark live oil)

Palm oil (it is gathered by forcing bees to extensively migrate)

Stearic Acid (derived from pig's stomach). There is a vegan alternative but e-mail the company to be sure the product is fully vegan.

Honey (produced by bees)

### **Vegan soap ingredients to look for:**

Essential oils (extracted from plants, they give a soft skin feeling)  
Shea butter (very moisturizing for the skin)  
Coconut oil (reduces inflammation)  
Tea tree oil (highly antimicrobial)  
Olive oil (hydrates the skin while destroying bacteria)

## **Why you should use vegan soaps instead of regular ones.**

### **You are protecting the environment:**

Vegan soap brands take their commitment to the environment very seriously. This is why most cruelty-free and vegan soaps are made entirely out of ecological ingredients, complete with biodegradable packaging and ethical ships.

### **Honest companies:**

On the social media, online site, or business email newsletter of some of these soap brands, you can see a full breakdown of why they are an eco-friendly brand, making the shopping experience much more pleasant.

### **Not a single animal was harmed for the sake of a soap bar:**

No more heavy consciousness because of the beauty products you use, vegan soap provides protection against unwanted pathogens while keeping all creatures safe. There are no animal by-products sneaked into the ingredient selection of your favorite bar soaps. No animal testing has taken place to get to the final results either. You can order your vegan soap from your preferred store free of all worries.

### **Nothing but goodness in your home.**

Vegan soap is made of 100% natural ingredients, such as olive oil, shea butter, and essential essences. Because of the high-quality selection of these compounds, vegan bar soaps or vegan liquid soap suit all skin types, including the ones that are more sensitive and prone to irritation.

## **Multiple options:**

With vegan soap, there are even options free of scents, catered to those with allergies and underlying conditions. Every ingredient is nourishing and safe to keep inside your home.

## **Some information about types of skincare soap.**

Yes, there is much more than just your typical bar soap. Most soap brands have different categories on their online site or digital store to make sure the differences between them are clear. Here are the basics of each kind of soap.

### **Classic bar soap:**

Bar soaps are the traditional way of using soap in the bathroom and for daily hand-washing. They are practical, affordable, and they can look more than cute on their stand. Many online shops offer handmade vegan bar soaps at a great price, usually at a decent delivery rate. These bars are soft, cleansing, and often nourishing to the skin.

### **Liquid soap:**

This one has become more and more popular over the years, turning into the go-to for airplanes, hotels, and shopping malls. It is practical and more sanitary than bars when there are many different people using the same bathroom. Its plastic container can also be easily reused for a more eco-friendly experience.

### **Bathing bar soaps:**

Bathing bars are a more hydrating version of your traditional soap. They have special moisturizing agents and fragrances to appeal to someone who enjoys relaxing baths. The effect on the skin is both cleansing and softening.

### **Medicated soap:**

Medicated soap is the one that, in addition to the moisturizing and cleansing agents, also contains special disinfectants and antiseptics to get

rid of heavy bacteria. These are of the most relevance to those suffering from acne or a similar skin condition.

### **Novelty soaps:**

These soaps are perfect for children. They often come in funny shapes, such as cookies, ducks, or stars. They have all the same properties as regular soap but they come with the additional fun of the shapes. Often, they can feature a toy on the inside.

### **How you can buy vegan soaps:**

Now that you have read all that information about the importance of soap, you might be eager to buy yourself a new one! You can get your soap from your favorite store or buy it online in the blink of an eye.

**You will find carefully curated links to the best cleansing products below!**