

Top Three Vegan Restaurants in Pittsfield MA

The trend of eating vegan is on the rise, with people becoming increasingly interested in the health benefits of a plant-based diet. From a reduced risk of heart disease and diabetes to improved digestion and weight loss, there are plenty of reasons to ditch animal products in favor of veggies - even if it's just for one meal.

While some people may be apprehensive about giving up meat and dairy products, the truth is that a vegan diet can be incredibly delicious. There are now more vegan-friendly restaurants than ever before, offering creative and flavorful dishes that will satisfy even the most ardent carnivore.

Pittsfield, Massachusetts is no stranger to this trend, with a number of vegan-friendly eateries that are definitely worth checking out. Whether you're a vegan looking for someplace new to eat or an omnivorous eater who's curious about plant-based dining, be sure to stop by these top three vegan restaurants in Pittsfield MA.

1. Thrive Diner

Located in a quaint converted train car, Thrive Diner is a strictly plant-based restaurant that serves up all of your comfort food favorites with a vegan twist. From burgers and chili fries to tacos and loaded nachos, Thrive Diner has an option for everyone. Guests rave about the tofu nuggets, southwest bowl, Reuben sandwich, and mocha chocolate cake - so definitely save room for dessert!

The menu at Thrive Diner features countless organic options in addition to raw, nut-free, and gluten-free items. Thrive Diner prides itself on being the only 100% vegan restaurant in the region, so you can feel good about indulging in its delectable, cruelty-free comfort food.

2. Berkshire Mountain Bakery

Berkshire Mountain Bakery's Pittsfield pizza cafe is a vegan-friendly eatery that's renowned for its delicious pizzas and fresh, hot sandwiches. While this restaurant doesn't specialize in vegan cuisine, it offers a number of vegan options that are sure to please.

If you're in the mood for pizza, you can't go wrong with the aptly named "Vegan." This plant-based pie is loaded with fresh tomatoes, red onion, broccoli, mushrooms, pine nuts, and oregano along with melted vegan cheese. Berkshire Mountain Bakery also offers an all-vegan falafel sandwich with hummus and plenty of delightful veggies. Depending on when you visit, you may even catch one of its off-menu vegan specials!

3. The Marketplace Café

The Marketplace Café is a cozy little café located in the heart of Pittsfield that serves up breakfast and lunch all week long. The menu isn't exclusively vegan, but there are several clearly labeled vegan options available, making it a great choice for those with dietary restrictions.

The "Wrap With No Name" is a customer favorite. Served with quinoa, edamame, kale salad, tomato, greens, and hummus, this protein-packed wrap will leave you feeling satisfied and energized. Other vegan-friendly items on the menu include the Stockbridge Bowl with greens, quinoa, edamame, and pickled veggies, and the Hummus and Apple Wrap, which is packed with hummus, green apples, raisins, carrots, and cashews. Healthy eating in Pittsfield has never been tastier!

Whether you're looking for a quick bite or a leisurely meal, these three vegan-friendly restaurants are sure to please. And with delicious dining at Hotel on North available on top of these options, there's even more to check out in Pittsfield, so come and explore all that this charming city has to offer.