



# Steroid cycles from the 60's,70's,80's,90's

Steroid cycles from 60's, 70's, 80's, 90's and other interesting information can be viewed at [www.nuclearnutritionm](http://www.nuclearnutritionm) or in the first issue of Gear U.Z.R magazine. Swollen Amateur Bodybuilder Steroid cycles from the 60's,70's,80's,90's. Bro's what ya fink of this.Pretty interesting..Steroid use over the past 40 years has gone through a plethora of changes and it is often interesting to hear what people's opinions are in terms of what was taken and how much. Let's take a look at the steroid use timeline.

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In an old book on steroid use in the 70s and 80s, it was mentioned that any athlete with access to Pharma grade Primo would run in excess of 1-2 grams at least for 16-20 week cycles. That should give you a pretty good idea of how easy the compound is on your system.

## Best novice steroid cycle, 80s steroids - OptimalYolla



Best novice steroid cycle, 80s steroids - Buy legal anabolic steroids . Best novice steroid cycle. Oxandrolone : Also known by the names Oxandrin and Anavar, Oxandrolone is a steroid often used for muscle bulking in order to increase size. This is known as anabolic steroids in some areas in the military and is recommended to boost muscle mass.

## Steroid cycles from the 60's,70's,80's,90's | IronMag



Any steroid you wanted could be obtained for ridiculously low prices. for example 100 D-Bol \$8.00, 2ml of Deca \$7.00. In the very early part of the decade, bodybuilders were still conservative in their doses and often stayed off for extended periods of time, but by the mid 80's bodybuilders NEVER came off and developed very sophisticated stacks. [look here](#)

## Steroids Used During The Golden Era Of Bodybuilding



Throughout cycle: IGF-1 LR3 50-80 mcg per day This cycle is very androgenic so even the most experienced and tolerant user will get side effects. These can be reduced somewhat with the use of either Arimidex 1mg on alternate days or Nolvadex every day at 10mg.

For this cycle you'll inject every day for 12 weeks: Week 1-12 - 50 mg/day Test Propionate, 50-75mg/day Trenbolone Acetate, .5mg/eod Arimidex. Throughout the cycle use a Dopamine agonist like Dostinex to reduce the amount of prolactin if necessary. (Optional) Week 1-2 - 80-120mcg/day Clenbuterol.

- Advanced Steroid Cycles - Simply Anabolics.com
- Trenbolone Cycle (Tren Cycle Guide) - Steroid Cycles
- Primobolan (Metenolone): 6 things to know before running a

## What Steroid Cycles Did Bodybuilders Use During Arnold



This partially explains why modern steroid cycles look insane to the guys of the past. In a way, the process is similar to inflation. If 50 years ago, you were able to buy 10 books with 20 dollars. Today, you may need 200 dollars to acquire the same goods. The currency has lost its value due to the global economy designed this way for a reason. I'm a lot more interested in what the guys were doing in the 70s and early 80s though. It seems like they were relying largely on synthetics and didn't use large amounts of testosterone.. Short Steroid Cycles with High Dosages versus Long Steroid Cycles with Low Dosages The Use of HCG Between Steroid Cycles The Most Common Mistakes Seen.

## Arnold Schwarzenegger's Steroid Cycle - Dbol And Primobolan



Arnold Schwarzenegger's steroid cycle from the golden era of bodybuilding is a topic that is often heavily debated. There's a lot of speculation around what kind of drug use the golden era bodybuilders deployed to get the physiques that are so sought after nowadays. [try this](#)