

## Top 3 Ways to Look Confident in a Job Interview



### How to be self-confident during an interview? (Even if you are not)

Do you know in today's world what makes you stand out from others? Self-confidence. That much-needed effortless strange attitude, an invisible crown. Whether it's about your job interview or playground you can bold out everyone with your sidekick, oops self-confidence.

Interestingly, self-confidence doesn't come off like someone spoon-feeding you and you just get it. It comes through constant self-grooming. After lots of struggle when you finally grab an opportunity to get an interview for your dream job, make sure you will flourish like a fresh, peaceful, self-assured man. They will evaluate how you greeted the interviewer, how you look and speak, and how composed you are. There are certain kinds of tricks you can follow to boost your confidence.

- ***Self Grooming at home***

- 1. practice speaking in front of a mirror.**

How you represent yourself to the interviewer is very important. The first impression can be the last. Prepare and rehearse answers out loud.

- 2. Want to show confidence?**

Prepare smart, composed, and intelligent questions to ask the interviewer. Give an idea to them that you have many other opportunities.

### **3. Practice meditation. Use breathing techniques.**

It will help to calm your nerves. It will make you think more constructively in your hard times.

### **4. Check your body language.**

Your body position plays a most vital role to show if you are confident or not. Practice proper sitting positions.

### **5. Get yourself enough rest.**

A very good night's sleep will help you to give your brain enough rest. It will relieve your anxiety.

- **Do's in an interview**
- **1. Firstly, enter with a genuine smile.**

Your moto is to build a trustable bond with your interviewer. Hence, create a comfortable and friendly environment rather than impressing them.

### **2. Secondly, maintain proper eye contact.**

Look straight to them during the interview. Looking down every time during an interview shows your lack of confidence.

### **3. Thirdly, deliver your answers calmly and thoughtfully.**

Nervous people give rapid answers. Don't do this. They have proper time to listen to you. Maintain calm and composed voice texture.

### **4. Give pause.**

You can give a little pause in between questions. It will help you to think more constructively.

### **5. Be patient, humble, and cooperative**

Interviewers always want to hire someone who will agree to work under heavy pressure. Don't behave aggressively or rudely. At the end of the day, you have to sell them to yourself.

### **6. Try to enjoy the process.**

A joyful mind can give positive vibes to others. So smile and try to hold tension-free facial expressions.

### **7. Focus on yourself**

Ensure that you have something valuable to offer them. Other candidates may have the same skill set but how you used your skill previously to grow sales will make you stand out from others.

### **8 . Be sure about what you want in a job**

Again, Interviewers always want to consider serious candidates. Make them understand that you are serious about your actual perfect fit for the job role, not anything else they are up to.

### **9. Be kind to yourself.**

You are not a robot. It may happen that each interview will not be your cup of tea. In case if you don't know the answers try to say "let me think for a minute. That's a very good question." and I will try to give my best possible answer.

### **10. Practice handshakes.**

Again, a limping handshake is the worst ever possible professional attitude towards the interviewer. It clearly shows that you are under confident.

## **● Does Not in an interview**

### **1. Don't give false information.**

If they recognize then your career can be in danger. They are potentially trained to find out who is lying. Don't do this.

### **2. Don't Allow yourself negativity.**

Sometimes lack of self-esteem or past failures makes us believe that other candidates are better than us. That's not true. If something goes wrong, take the lessons from past interviews and use them next time.

Whatever experience and confidence usually go hand in hand. So there is no hard and first rule to get yourself to boost up suddenly. It is a long-term process of continuous self-pampering, updating yourself, and pre-interview research. Wish you all the best.