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91  
Magazine



Edition 10

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# 91

Magazine

\*91 Magazine is a biannual publication, publishing in April and October.



Amazingly, this is the 10th edition of our Seek Inspire Create e-zine! I recently questioned whether it's still something you guys want popping in your inboxes every three months (that pesky self-doubt!), but a quick poll on Instagram suggested you do! I'm so pleased these mini-mags bring a little snippet of joy to your day, so instead I decided to give the cover design a bit of a refresh. I hope you like it! In this issue we discover a green and lush lunch spot in East London, swoon over dreamy Tasmanian interiors and get our tools out to build our own boho-style shelves. Dive in and enjoy!

Love,  
Caroline x

## Contents

- 4-5 SEEK: Tram Store
- 6-9 INSPIRE: Captains Rest
- 10-11 CREATE: DIY | Triangular shelving
- 12 Our #seekinspirecreate favourites

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# Tram Store

A leafy east London location to eat, drink, work and shop



Conveniently located within walking distance of Clapton Overground, Tram Store is an oasis hidden in the humdrum of edgy East London, bringing the outside inside in an amalgamation of botany and distressed brickwork.

Owners Hilary & Terence Bates bought the building - an old Victorian coach house - to become a natural extension to Clapton Country Club, their already existing business that neighbours Tram Store.

Tram Store's interior is a subtle metaphor for the 'urban jungle'. Ivy vines hang from reclaimed copper piping and lush offshoots cascade from beams that are centuries old. The giant, verdant leaves of a cheese plant dominate the ceiling space, draped from macramé hangers, which shadow their coffee bar.

"Botany and trees are our biggest inspiration," Terence explains, "and our intention was to utilise as much reclaimed, repurposed and reusable materials as possible. Slate snooker beds were used for the coffee counter and the parquet flooring came from a chapel in Norfolk. Our design ethos is wholly improvised."

Low-slung second-hand industrial lighting is given a fresh lease of life and hums with an orange hue reminiscent of a warming sun. The modus operandi here is instant relaxation, a disconnect from the daily grind.

Their retail offering is shelved on 40-year-old wooden staging boards, including homewares, gifts and toys, stationery, cards, and, of course, plants. The unifying theme is always on quality and sustainability.

The same sentiments are echoed on their menu, where there's an emphasis on vegan food and ingredients that are locally sourced and ethically or organically produced. Their trademark is refining simple classics prepared in a 'Tram Store' way, like their 'Clapton Rarebit' made using prosecco instead of ale or their portobello mushroom dish that's cooked with tarragon and oat cream. Their sell-outs include vegan pastries such as their banana bread or the pomegranate and yoghurt loaf.

So, what's in store for Tram Store in 2020? "Our future plans include 'Tram Store Goes to...'," says Terence. "The idea is we turn each evening into a global adventure on a monthly basis, visiting gastronomic regions of the world like San Sebastian, Provence, Jerusalem and Beirut." Sounds wonderful! It's true that even on an ordinary day, Tram Store feels like a mini getaway - a verdant escape - transporting you to another place, far beyond London city life.

[www.tram-store.co.uk](http://www.tram-store.co.uk)  
[@thetramstore](https://www.instagram.com/thetramstore)

Words: Alena Walker  
Photography: Charlie Goodge





# CAPTAINS REST

A derelict shed transformed into a magical hideaway on the wild shores of western Tasmania



Perched over some of the stillest, darkest, mirror-like water in Strahan, Tasmania lies Captains Rest; a heritage cabin escape for two. Stylist, scientist, teacher and innkeeper Sarah Andrews has owned the lodge since 2017, after she discovered the treasure whilst flicking through a magazine, spotting what was then a simple shed perched at the end of a jetty.

Sarah managed to track it down online, and learned that it had been on the market for five years and was originally used as a fishing outpost. She had a vision and set upon making it a reality; transforming the derelict shack into what you now see today. Everything, from the floors to the windows, was envisioned and installed by Sarah. "It was pretty much a shed," says Sarah. "Tiny aluminium windows and a glass sliding door. The toilet was where the window seat is now! It was the best toilet view on earth, I suppose. I tore the whole thing back to essentially its frame and started again, how I saw it in my dreams. It's a world I got to create, and that feels so magical to me."

Sarah decided to share her perfect little escape with the world, renting it out on Airbnb. Today, Captains Rest is available to rent every day of the year, and has a constant waiting list of eager visitors. Sarah now travels full time for work, spending her time exploring inspiring hotels and Airbnbs around the world, casting her incredibly tasteful eye for interior styling upon different spaces.

One of the most beautiful characteristics of Captains Rest is its perfectly still and serene natural surroundings. "It's wild; totally wild. For hours and hours in any direction around you, there is nothing," says Sarah. "You really have gone through the wardrobe to Narnia." Offering an escape from reality and an opportunity to be totally alone, it comes as no surprise that Captains Rest attracts an array of colourful visitors. "I get a lot of writers come to work on their books, movies, and TV shows," says Sarah. "Lots of creatives come to dream up what's next. There are also lots of proposals and elopements, which is so incredibly special."



So, how exactly did Sarah turn her hidden cabin in the woods into a sought-after rental? “There are two valuable things when it comes to showing people what your place has to offer; its story - so the way the place talks about itself through its styling. You wouldn’t believe the amount of farm stays I’ve visited with art prints of the New York skyline or cacti on the walls - it doesn’t make sense. Second, is the photography that advertises the space – you’re not selling real estate, you are selling emotion.”

So successful has Sarah been in sharing her space, that it’s rare that she gets to enjoy Captains Rest herself. “Perhaps a few times a year,” she tells us. “I have to book it a long way ahead for myself, but it’s always very special; I feel like I am finally home.”

[captainsrest.com](http://captainsrest.com) / [@captainsrest](https://www.instagram.com/captainsrest)  
[thehostingmasterclass.com](http://thehostingmasterclass.com) / [@hellosarahandrews](https://www.instagram.com/hellosarahandrews)



Captains Rest conjures up a dream-like ambience, providing lots of special spaces in which to soak in the surroundings. Sarah’s personal favourite spot is perched on the seat underneath the large windows, enjoying the view of the unspoiled nature, whiling away the hours. “I can sit here all day,” she says. “And, I do.”

Sarah originally studied to be a scientist, before diverting her path to become a designer and stylist. “A weird confluence of hats,” she says. “But it’s created some beautiful thoughts about the styling industry, which I love to share.” Her evident passion for her work has captured the attention of many, who aspire to learn Sarah’s skilled styling process. She now runs styling workshops so that others are able to apply her skills to their space. “In a nutshell, I teach people how I do what I do – styling and creating iconic homes for yourself or to rent out,” explains Sarah. “And they are so good! I am very proud that my classes, both face to face and online, change lives.”



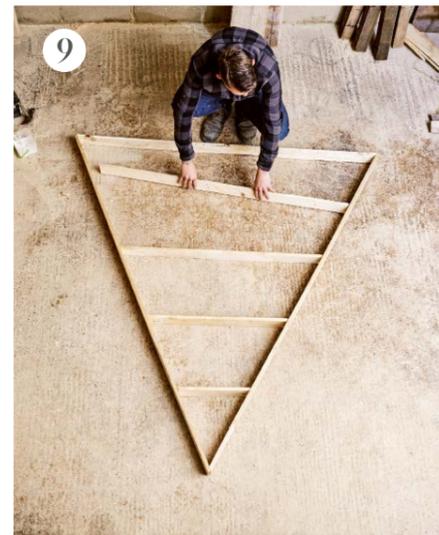


# DIY: Triangular Shelving

Create a boho-style display for precious objects with these handmade pallet wood shelves

Entirely constructed from pallet wood, these shelves have been given a contemporary geometric edge and are perfect for trinkets, found objects, plants, photos, or whatever brings a smile to your face.

By playing with the shapes, you can create spaces and compartments personal to your needs and possessions. Translate the design into different areas of your home by increasing the size to make library wall shelves or dresser tops.



## TOOLS AND EQUIPMENT

- Tape measure
- Pencil
- Mitre saw or hand saw
- Electric sander and sandpaper
- Ventilation mask
- Light-duty nail gun (or panel pins)
- Hammer

## MATERIALS

- 3 pallet boards 2–3m (6½–10ft) long
- 8 pallet boards up to 2m (6½ft) long
- Wood glue
- Thin panel pins

Discover more DIY projects using recycled wooden pallets in *Pallet Style* by Nikkita Palmer and Billy Barker, £20, published by Kyle Books.



[www.nikkitaalmer.com](http://www.nikkitaalmer.com)  
[@nikkitaalmerdesigns](https://www.instagram.com/nikkitaalmerdesigns)

## METHOD

1. Measure, mark and straight cut 3 pallet boards (1 x 180cm/6ft, 2 x 200cm/6½ft) with a hand saw or mitre saw.
2. Place the boards in a triangular shape with the 180cm (6ft) board at the base.
3. Sit the two side boards over the top of the base corners and draw a line underneath to create a guide for the angle needed.
4. Cut the angles using a mitre saw or hand saw. Repeat at the top with one of the pallet boards placed onto the second. Cut the board with a mitre saw or hand saw.
5. Sand the three pallet boards.
6. Secure the wood into the triangle using wood glue and a nail gun or thin panel pins.
7. Measure from the top point down the triangle on both sides and make marks at 40cm (16in), 80cm (32in), 120cm (4ft) and 160cm (5¼ft). This is to mark where the shelves will go.
8. For each shelf, place a pallet board on top of the frame at the marks, and use a pencil to mark the angle underneath as you did in step 3. Cut the angles using a mitre saw or hand saw.
9. Attach the shelves at each mark using wood glue, a nail gun or small panel pins.
10. Using the same technique, create and secure the vertical sections. To fix, use picture frame fixings or L brackets.

# Our #seekinspirecreate favourites

Share your discoveries, inspirations and creations with us on Instagram, simply tag your photos with #seekinspirecreate - you may just see your snap featured here in our next edition!

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