

# virgin australia

MAGAZINE

## STEP ON UP

MEET MANHATTAN'S NEWEST 'BURB

Samoa

Tasmania

NOVEMBER  
2019

San Diego

Sydney

## November



### 1 / on the radar

18

#### HOT / NEW

All the openings, events and travel trends we're loving this month.

23

#### STREET STYLE

We head to Copenhagen and unpack the ever-cool Scandi-style movement.

27

#### WHERE TO ...

Discover the world's most jaw-dropping libraries.

28

**WORD ON THE STREET**  
If you want a taste of Chicano culture, head to San Diego's Logan Avenue.

31

#### ONE STOP, THREE HOPS

Hidden waterholes, quiet beaches and leafy villages are just a hop from Sydney.

32

#### BITE ME

Meet the innovative chefs transforming foraged foods into fine-dining dishes.

35

#### HAPPY HOUR

Small-batch makers and craft spirits are fuelling a rum renaissance.

37

#### SWEAT

The AFL is ahead of the game when it comes to diversity and reconciliation.

38

#### THE BIG PICTURE

Head to New York's lower west side to discover a new city emerging beside the old.

### 2 / take me away

42

#### FLIGHT OF THE TAMAR

You'll find Australia's answer to France's Champagne region down in Tassie.

50

#### A DAY WITH ...

George Gorrow, the brains behind The Slow, shows us around Bali's Canggu.

58

#### SUMMER BEATS

Artists who dance to the beat of their own drum share their Aussie music festival picks.

66

#### A WEST SIDE STORY

Head to New York's lower west side to discover a new city emerging beside the old.

75

#### SLOW BUT SHORE

Lifting the lid on Samoa's hidden paradise, Savai'i.

### 3 / work life

80

#### GOING GREEN

Why offices are turning to biophilic theory to help boost productivity.

85

#### OUT OF OFFICE

Find out where to eat, stay and play if you're in London for work.

87

#### WELLNESS

From curing a sore neck to boosting self esteem, a digital detox has many benefits.

88

#### HAPPY FLYING

Virgin Australia's new Nervous Flyers program.

91

#### ALONG THE WAY

Philanthropist Judith Neilson shares her thoughts on art and bouncing back.

Photos: Adam Gibson, Martin Adolphson, MONA / Jesse Humlford

**CHICANO PARK**

Significant historical events and notable Mexican figures such as Cesar Chavez and Frida Kahlo appear in more than 80 vibrant murals at this public park beneath the San Diego-Coronado Bridge. It was named as a National Historic Landmark in 2017 and celebrates almost 50 years of Chicano culture and community in Barrio Logan.

WORD ON THE STREET

# LOGAN AVENUE, SAN DIEGO

A vibrant hotbed of Chicano culture, San Diego's oldest Mexican-American neighbourhood is home to authentic eateries and a burgeoning art district.

Story Keri Bridgwater / Illustration Andrea Manzati

**BASILEIE**

Sculpture and three-dimensional works by artists from San Diego, Baja and beyond feature at this contemporary gallery from local designer Paul Basile and curator Chris Martino. Catch exhibits *Thought Out Boxed In Redux* and *The Production of Sincerity* in November.  
2070 Logan Avenue

**BEAT BOX RECORDS**

Crate-diggers will love the vintage vinyl selection of mid-20th-century jazz, soul, funk and everything in between at this snug neighborhood shop. Its treasure trove of hard-to-find discs are all sourced by the owner, long-time collector and occasional DJ Bernie Fishman.  
2148 Logan Avenue

**EL CARRITO**

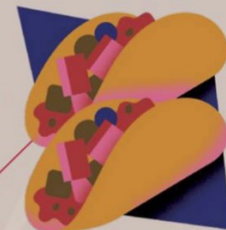
Housed in a 1930s-era trolley car, this historic eatery (whose owners also run neighbouring coffee shop Por Vida) specialises in Mexican breakfast staples such as *huevos rancheros*, pork *machaca* and *chilaquiles*. Don't miss the *menuendo* served with hand-pressed tortillas on the weekends.  
2154 Logan Avenue

**LA BODEGA GALLERY**

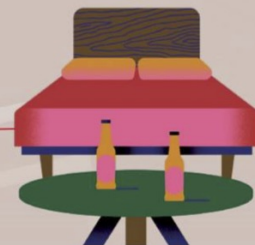
Warehouse-turned-gallery and culture hub La Bodega hosts a wide range of exhibitions, screenings and performances. Its annual *Día De Los Muertos Skull Art Show* is a must-see during the Mexican Day of the Dead festival (31 October – 2 November).  
2196 Logan Avenue

**ISALUDI**

A Barrio staple since 2015, this former taco-truck turned bricks and mortar is a go-to for some of the city's best tacos. The signature *abuelita*-style taco is a flour tortilla filled with stewed beef and topped with *nopales* (cactus pads) and sour cream.  
2196 Logan Avenue

**ONE BUNK BARRIO**

Just a stone's throw from Logan Avenue, this stylish Airbnb comes with thoughtful extras including a backyard bocce set and pre-chilled welcome beers. Get caffeinated at Café Moto just across the street or hit the weekly yoga class at next-door gallery Gold Leaf Project.  
2626 National Avenue

**BORDER X BREWING**

Craft beers get creative at San Diego's 100 per cent Latino-owned and -operated brewery and tasting room. Infused with traditional Mexican ingredients, the Blood Saison, made with hibiscus flowers, and the Horchata Golden Stout, with its hint of sweet rice milk, are among its bestsellers.  
2181 Logan Avenue

✈ Fly Virgin Australia to Los Angeles then on to San Diego with our partner Delta Air Lines.