

SPA & WELLBEING MENU



SPA & WELLBEING



YOUR AURA SPA JOURNEY

Drawing inspiration from ancient Asian traditions, our menu targets six Journeys for achieving true wellbeing

Nature is extraordinarily generous. It nourishes and heals, grounds and protects. Like the ancient civilisations who came before us, we know that harmony and balance need not come from something designed in a lab. The answers are found all around us – in our seas, our gardens and the earth upon which we live.

That's why Aura Spa & Wellbeing was designed with nature at its core. We make many of our products with healing ingredients picked fresh from our islands – salt is harvested from our seas, turmeric is grown in our permaculture gardens, and aloe vera is plucked from our forests. Partner products are made in Indonesia following European standards of natural skincare and are free of parabens, mineral oils, silicones and artificial fragrances.

CONCEPT

Our menu is divided into six distinct journeys. To find the right treatment, answer this question: Which word describes what you most need now in your life?

RESTORE	PURIFY
PROTECT	GLOW
BALANCE	BREATHE

Now choose from our offerings created to meet your goal through physical touch, mental wellbeing and the curative power of Mother Earth.

Any single treatment from the following menu can be used as a guest's daily stay entitlement. Additional treatments, Spa Explorer and Packages are chargeable.

Let's start your journey...



ESSENTIAL OIL JOURNEYS

Essential oils are often described as the true “essence” of plants. These highly-concentrated oils are distilled or extracted to capture the powerful healing properties of nature. Simply smelling them can alter your mood. Here are our four favourite essential oil blends, each made with the goal to enhance your personal journey with us today.

LAVENDER & TONKA BEAN

Indulge in a moment of peace and relaxation. The warm, meadow-like aroma of the tonka bean – a favourite of many major perfume makers – is subtly sweet and summery. The absolute blends beautifully with the tranquil smell of lavender to create a mesmerising mix that aids in relaxation, sleep and stress relief. This scent stimulates olfactory nerves to slow down the central nervous system and induce an all-embracing sense of peace.

ROSE & PETITGRAIN

Known as the “queen of all flowers”, rose has been prized for centuries as a perfume, medical remedy and symbol of everlasting love. The sweet floral bouquet of this absolute also delivers skin soothing and anti-aging properties. Petitgrain is derived from the leaves and twigs of orange trees, which imparts a wonderful woody and slightly citrusy scent that can lift spirits and calm anger.

ORANGE & GINGER

The sunny, vibrant scent of sweet orange coupled with the richness of fresh ginger awakens the senses. Orange essential oil brightens the skin and helps to ease depression, while spicy ginger essential oil is known to drive feelings of empowerment and courage. This is a blend for those ready for exploration and hungry for discovery.

MINT & LIME

The cool refreshing aroma of peppermint essential oil is matched only by its powerhouse medicinal properties; it’s used to clear congested skin, soothe aching muscles and stimulate mental clarity. When merged with the zest of lime essential oil, this lively and uplifting blend awakens your mind and inspires positive thoughts.

RESTORE

A life well lived through the passage of time, a dedication to exercise and days spent soaking in nature require a dose of restoration every now and again. Just like Bawah's ecological efforts to accelerate the recovery of our ecosystem, these treatments are aimed to return you to a previous state of time gone by.

DESIGNED ESPECIALLY FOR

- **Maturing Skin**
- **Sun-quenched Skin**
- **Sport Relief**
- **Sports Injuries**
- **Muscle Tension**



FACIAL

AURA SKIN SUPERFOOD

🕒 60 Minutes

🔑 Dehydration, Maturing Skin, Jet Lag Relief, Skin Booster

👉 Marine Algae, Palm Sugar Scrub, Citrus

Travel back in time with this restorative facial that uses natural marine algae to diminish fine lines and wrinkles and increase elasticity. Marine algae is a skin-saturating superfood that provides intense hydration while helping to detox pores and prevent oil breakouts. A palm sugar scrub gently exfoliates, while a face steam opens the pores and a gentle face massage encourages cell renewal. The combined effect is supple, firm and more youthful-looking skin.

MASSAGE

EXPLORER'S MUSCLE RECOVERY

🕒 60 Minutes

🔑 Body Awakening, Stress Relief, Pressure Release

👉 Ginger & Orange Essential Oil Blend

Balinese-style, strong, full body oil massage

This head-to-toe massage uses medium-to-strong pressure to improve energy levels, increase sound sleep and melt away muscle tension. It's designed for active people who need to recover from busy lifestyles. Awaken the senses with an essential oil blend, which warms the muscles, eases body aches and invigorates the mind.

BODY SCRUB

BODY AWAKENING

- 🕒 45 Minutes
- 🔑 Exfoliating, Invigorating, Skin Firming
- 👉 Local Coffee Scrub, Organic Virgin, Coconut Oil

This detoxifying body scrub uses Indonesian coffee and organic coconut to exfoliate dead skin cells and reduce the appearance of cellulite and stretch marks. Naturally full of antioxidants, the coffee scrub helps to combat the occurrence of varicose veins by increasing blood flow. Drift off to a scalp massage before removing the scrub under our rainwater shower, revealing a head-to-toe soft and supple glow.

BODY WRAP

BALINESE RITUAL

- 🕒 60 Minutes
- 🔑 Muscle Ache Relief, Joint Pain
- 👉 Turmeric, Ginger, Clove, Cinnamon, Coriander, Pepper, Nutmeg

This traditional Balinese treatment uses an age-old mixture of ingredients designed to prevent colds during the rainy season. The aromatic blend of herbs and exotic spices, grown in our organic gardens, is applied to the body to stimulate blood circulation, ease muscle pain and warm the skin. A foot ritual begins this indulgent and therapeutic session, which includes a tension-relieving Balinese massage. The treatment ends with a cleanse and neck-to-toe application of luxurious body butter.



ULTIMATE RESTORATION PACKAGE

This blended therapy combines each of the offerings in our Restore Journey into one ultra-revitalising treatment. It's a profound choice of self-care designed to repair your body and ease your mind.

- **Aura Skin Superfood Facial** ⌚ 2.5 Hours
- **Explorer's Muscle Recovery Massage** 💰 \$ IDR 3.400,000
- **Body Awakening Scrub**
- **Balinese ritual body wrap**

PROTECT

A life well lived through the passage of time, a dedication to exercise and days spent soaking in nature require a dose of restoration every now and again. Just like Bawah's ecological efforts to accelerate the recovery of our ecosystem, these treatments are aimed to return you to a previous state of time gone by.

DESIGNED ESPECIALLY FOR

- Sensitive Skin
- Overly Stressed Minds
- Expectant Mothers
- Seniors



FACIAL

GARDEN-TO-GLOW ALOE COOL

🕒 60 Minutes

🔑 Sun-Exposed, Maturing Skin, Dehydrated Skin, Oil or Pimple-Prone

👉 Aloe Vera, Brown Sugar, Raw Honey

Aloe vera is most potent when first extracted from the plant, which is what makes this facial so powerful. We grow our own aloe vera, which is picked fresh just before this cooling facial begins. A soothing, moisturising, anti-inflammatory treatment, this facial infuses the skin with antioxidants and essential skin-balancing vitamins. Aloe vera has a serum-like light texture, which makes it ideal for oily skin. It has been used for thousands of years for its health, beauty and medicinal properties. This facial includes a steam, massage and healing mask.

MASSAGE

THE BARELY THERE BODY MASSAGE

🕒 60 Minutes

🔑 Seniors, Children, Pregnancy, De-stressing

👉 Javanese Rice Flour, Organic Coconut Oil, Ginger, Lemongrass, Turmeric, Cinnamon, Island Salt Scrub

Feel nurtured and nourished by this deeply relaxing and intuitive treatment that gently hydrates the skin. This Ayurvedic massage uses soft-to-medium thumb pressure in tandem with soothing long strokes of a heated potali bag that is filled with herbs and traditional rice flour. It's a unique therapy that relieves back tension and swollen hands and feet while inducing a deep state of relaxation. Ideal for guests who prefer a lighter touch, this massage is for those who want to relax the muscles as well as the mind.

MASSAGE

THE ULTIMATE HEAD SOOTHER MASSAGE

- 🕒 30 Minutes
- 🔑 Soothing, De-stressing, Hydrating Hair Mask
- 👉 Organic Virgin Coconut Oil

Traditionally known in India as “champissage”, this warm oil head massage combines both gentle and stimulating techniques on the upper back, shoulders, décolletage and scalp to improve blood flow, relieve stress-induced tension, nourish the hair and induce a deep sense of calm. It’s a perfect treatment for tired, jet-lagged travellers and those with overactive minds who need help adapting to the tranquility of island living.

BODY MASK

COOLING CUCUMBER

- 🕒 60 Minutes
- 🔑 Sun Exposure, Dehydrated Skin, Sensitive Skin
- 👉 Local Aloe Vera, local cucumber

Calm sun-kissed skin with aloe vera and cucumber plucked straight from our gardens. This mask hydrates parched skin and quiets irritations with a refreshingly light fragrance that induces a sense of cooling relaxation. It promotes skin renewal as well as protects you from harmful UV rays while you’re out enjoying the warm Bawah sun. Drift away during an Indian head, face and shoulder massage followed by an application of aloe vera gel from plants cut just prior to your treatment. It’s a restorative gift to the skin.

BODY WRAP

GARDEN'S GLORY

🕒 60 Minutes

🔑 Dehydrated, Maturing, Sensitive

👉 Local Pumpkin, Oatmeal, Nutmeg, Cinnamon, Clove, Raw Honey, Olive Oil

A protective treatment rich in naturally occurring antioxidants, carotenoids, polyphenols and Vitamin E, this body wrap is a sumptuous celebration of Bawah's most skin-curative garden ingredients.

The treatment reduces damage caused by UV sun exposure and restores the skin's water-lipid layer for the ultimate in hydration.

Free of chemicals, the wrap bathes the body in nutrients and neutralises free radicals for a supple finish that will last beyond your stay.



PERFECTLY PROTECTED PACKAGE

This four-in-one treatment is the perfect antidote to damage we all experience through ordinary day-to-day living. The environment, illness, stress - this therapy is a respite from it all. Shield your body from further damage and nourish yourself from the outside in.

- Garden-To-Glow Aloe Cool Facial
 - The Barely There Massage
 - The Ultimate Head Soother Massage
 - Garden's Glory Body Wrap
- ⌚ 3 Hours
\$ IDR 3.700,000



BALANCE

A concept in ecology, balance describes a state of equilibrium in which disturbing one element disrupts the entire system. As such, identifying the point of imbalance is key; once you do, a small change can bring profound transformation. Here are five blissful treatments designed to realign, pamper and indulge the spirit while tapping into common reasons that cause us to occasionally fall out of sync.

DESIGNED ESPECIALLY TO

- Realign
- Harmonise
- Nourish
- Energise
- Ground



FACIAL

YIN & YANG RITUAL

- 🕒 60 Minutes
- 🔑 All Skin Types, Face Tightening
- 👉 Jade Mineral Stone, Sugar Scrub

Balance the yin and yang in the body and create a more vibrant, youthful appearance by stimulating circulation in the face. Boost your skin's structure with this muscle-toning treatment that incorporates jade stone therapy from the scalp to the décolletage. An infused mask firms while the stone imparts protective minerals to leave the skin appearing plumper and more radiant. This facial includes a scrub, steam and healing serum.

MASSAGE

NATURE'S DREAM BODY MASSAGE

- 🕒 60 Minutes
- 🔑 Calming, Pampering, Circulation
- 👉 Organic Virgin Coconut Oil

Soft to Medium Massage (choose from Swedish or Thai & Indonesian fusion)

A daily must – this relaxing full-body massage uses a series of tried-and-true techniques to deliver the most sublime hour imaginable. Long, soothing strokes, skin rolling, and thumb and palm pressure ease muscles and aid the lymphatic and circulatory systems. Decompress with our premium essential oils and enter a state of well-deserved holiday bliss after a long journey to paradise.

FOOT REFLEXOLOGY

SOLE TO SOUL

- 🕒 30 Minutes
- 🔑 Realignment, Balance, Muscle Ache Relief, Joint Pain
- 👉 Mint & Lime Essential Oil Blend

A warm soak prepares your feet for a treatment that is so much more than a basic foot massage. Reflexology is an ancient art that focuses on clearing blocked energy, or Qi, from the body to allow innate healing to occur. It's also believed that pressure applied to certain parts of the feet can reduce stress and pain in the body. The result of a half hour session is an invigorating sense of wellbeing – akin to a runner's high without the run.

HAND REFLEXOLOGY

AURA HAND SPA

- 🕒 30 Minutes
- 🔑 Realignment, Balance, Muscle Ache Relief, Joint Pain
- 👉 Rose & Petitgrain Essential Oil Blend

A luxuriously pampering hand treatment to bring back the youthful suppleness of your skin. Hands and arms are soaked, exfoliated and then massaged in a style similar to foot reflexology. Here, reflex zones on the hands are manipulated to release trapped energy and ease pain throughout the body. Prepare to leave this treatment with softer, smoother and younger-looking hands as well as a renewed clarity of mind.

BODY SCRUB

ARISE AND SHINE

🕒 45 Minutes

🔑 Lighten Dark Spots, Lighten Scars, Brighten Dull Skin, Cell Regeneration, Anti-Bacterial

👉 Turmeric, Tamarind Paste, Lemongrass, Raw Honey, Crushed Sesame

This all-natural body scrub refines and conditions the skin with ultra-rich, skin-quenching homegrown ingredients. Turmeric is a natural antioxidant and bleaching agent that is known for its healing and skin-lightening powers, making it ideal for those with acne scars and dark spots. Tamarind is a sweet-and-sour fruit with additional skin lightening properties, and honey is anti-allergenic and anti-bacterial.

Finally, sesame seeds are steeped in rich natural oils which moisturise the skin, keeping it radiant and soft.



COMPLETE BALANCE PACKAGE

Chronically tired, jet-lagged or simply feeling out of sync? This all-in-one therapy is for anyone who yearns to recalibrate the body and realign the emotions. It's like a reset button for your life.

- Yin Yang Ritual Facial
 - Nature's Dream Body Massage
 - Sole To Soul Foot Reflexology
 - Aura Hand Spa Reflexology
 - Arise & Shine Body Scrub
- 🕒 3 Hours
💰 IDR 3.900,000



PURIFY

Dirt, chemicals and pollutants build up over time, which is why it's critical to take steps to remove impurities every now and again. That is the intention behind these treatments which harness nature's most powerful cleansers, from antibacterial essential oils to freshly-harvested ocean salt and even nutrient-rich mud. These treatments will lighten, brighten and deep clean the entire body.

DESIGNED ESPECIALLY FOR

- Cleansing the body of toxins & impurities
- Oxygenating cells
- Deep cleaning pores
- Oily, temperamental & combination skin
- Dull complexions
- Hormonal skin



FACIAL

THE DEFINITIVE DETOX

- 🕒 60 Minutes
- 🔑 Pimple-prone, Combination Skin, Oil-prone
- 👉 Activated Charcoal, Citrus Sugar, Raw Honey

Activated charcoal is renowned for its powerful detoxifying properties. Like a magnet, it attracts and absorbs dirt and trapped oils from pores. This facial helps to lighten pigment and balance out uneven skin while lightening fine lines and scar marks. Oil production is reduced, leaving you with a fresh, impurity-free complexion. The treatment includes a mild sugar scrub, facial steam, hydrating mask and gentle massage to promote circulation.

MASSAGE

NOTHING-BUT-THE-BACK MASSAGE

- 🕒 30 Minutes
- 🔑 Muscle Knot Release, Spinal Alignment, De-stressing
- 👉 Ginger, Kaffir Lime Leaf

This deep-tissue massage delivers triple results by targeting three stress-locked areas – the back, neck and shoulders. Alleviate deep-rooted tension using therapeutic trigger techniques to relieve muscle tension and restore mobility and alignment of the back and spine. The massage includes a warming ginger-infused herbal mask that leaves your entire body tingling with invigorated vitality.

BODY SCRUB

ISLAND SEA SALT

🕒 45 Minutes

🔑 Detoxifying, Invigorating, Purifying

👉 Fresh Ginger, Kaffir Lime Leaf, Organic Virgin Coconut Oil, Fresh Ocean Salt

A decadent, skin-softening exfoliation treatment that combines local lagoon salt with essential oils to leave your skin nourished, smooth and supple. Dead skin cells are gently buffed away with dry body brushing before the scented salt scrub is applied. With the dull outer layers removed, new cells can regenerate and your skin can readily absorb the deeply nourishing virgin coconut oil. A head massage concludes this treatment, leaving you feeling refreshed and rejuvenated.

BODY MASK

MARINE MUD MASK

🕒 60 Minutes

🔑 Brighten Dull Skin, Lighten Dark Spots & Scars, Cell Regeneration

👉 Seaweed, Orange & Ginger Essential Oil Blend, Olive Oil

This deep cleansing treatment uses rich seaweed that is blended into a mud mask and applied to the body to detoxify and nourish the skin. Enjoy a relaxing face and Indian head massage while the mask lifts away a veil of dullness and reveals a radiant glow underneath.



DETOX AND PURIFY PACKAGE

Feel like a total body cleanse? Detox yourself from head to toe with this combination therapy that blends the best of our purifying treatment into one power-packed session. It's the easiest, most thorough way to banish toxins and impurities and usher in deeply-cleaned, ultra-oxygenated skin.

- The Definitive Detox Facial
 - Nothing-But-The-Back Massage
 - Island Sea Salt Body Scrub
 - Marine Mud Mask
- ⌚ 2.5 Hours
\$ IDR 2.900,000

These ultra-indulgent pampering treatments are designed to quickly refresh and keep you looking and feeling your absolute best. Book alone or with another treatment and savour these little moments of joy.

DESIGNED ESPECIALLY TO

- Pamper
- Preen
- Delightfully Spoil



MANICURE

AURA SPA MANICURE

- 🕒 60 Minutes
- 🔑 Immaculate Nails, Healthy Cuticles
- 👉 Aromatic Ocean Salt, Reef-safe Polish

This indulgent spa manicure includes a stimulating hand scrub, soothing hand bath and sublime massage plus all the essential grooming steps to keep your nails and cuticles in top condition. Splash some colour onto your nails with our eco-friendly polish by Zoya, which is free from camphor, formaldehyde and dibutyl phthalate.

PEDICURE

AURA SPA PEDICURE

- 🕒 60 Minutes
- 🔑 Immaculate Nails, Healthy Cuticles, Soft, supple feet
- 👉 Aromatic Ocean Salt, Eco Polish

As sandals are the official footwear of Bawah Reserve, keep your feet and toenails looking spectacularly supple with our signature pedicure. The treatment includes an exfoliation of the feet and legs with sea salt harvested from our lagoons and a tension-releasing essential oil foot massage. Dress up your toes with a lush application of nail colour or leave them naturally beautiful with a quick buff and shine.

EXPRESS MANICURE OR PEDICURE

NAKED NAIL TREATMENT

- 🕒 30 Minutes
- 🔑 Express Nail Care
- 👉 Aromatic Ocean Salt

For those who prefer an au naturale finish to their hands or feet, our express nail treatment is the perfect solution. Nails are cleaned and shaped, then filed and buffed to a beautiful shine. The best part? No worrying about smudges or chipping during your stay. This treatment also includes a relaxing massage to soothe and soften the skin.

WAXING

SUGAR WAXING

- 🕒 45 Minutes
- 🔑 Hair Removal (one area)
- 👉 Raw Sugar, Citrus Juice, Aromatic Ocean Salt

Sugar waxing is the preferred way to remove hair for many as it adheres to hairs as well as dead skin cells, so you get the added benefit of exfoliation. It's all natural, less painful and easier on the skin too. This sweet treatment can be used to remove hair on the underarms, arms, bikini area, legs and around the eyebrows.



PAMPER AND GLOW PACKAGE

Holidays are the ultimate time to spoil yourself, which is why we designed this blissful half-day of our top beauty treatments. It's an indulgent treat to keep you looking island-chic your entire stay.

- Aura Spa Manicure
- Aura Spa Pedicure
- Eyebrow shaping
- Full Body Sugar Waxing

🕒 3 Hours

💰 IDR 2.500,000





AURA SPA EXPLORER

THE ULTIMATE SENSORY
JOURNEY



Journey beyond the spa walls for an unforgettable experience in the middle of Mother Nature. Travel via private boat to a hidden beach, coastal alcove or secluded clifftop point and enjoy a spa treatment inside an open-air Indonesian balé with a symphony of sea breezes and breaking waves as your backdrop.

With soft sands underfoot and crystal waters as far as the eye can see, you will be pampered from head to tiptoe. Whether it's your honeymoon, anniversary or simply time for you to refocus your energy on you, this experience is one that will last a lifetime.

PACKAGE INCLUDES:

- 60-minute choice of Facial
- 30-minute Back Awakening Massage
- 30-minute Ultimate Head Soother
- 30-minute Sole to Soul Foot Reflexology
- Short Boat Ride
- Post-treatment healthy snacks and juices

🕒 3 Hours 💰 IDR 6.200,000 per couple

- Single person supplement applies



SCENT BAR

CREATE YOUR OWN FRAGRANCE

Scents are emotional; they trigger memories, inspire you, transport you.

Create a custom fragrance with scents that speak directly to you. Bespoke perfumes are based on your past, your personality and your unique interests. They are made for you and you alone.

Are you naturally attracted to delicate flowers or sultry spices, or do you prefer subtle notes of citrus, musk, wood or warm vanilla? Are you feeling secure or searching for adventure? These questions, and more, will help us find the perfect scent for you.

Whether you want a new fragrance as a memento of your time on Bawah or want to create an evening sheet spray to induce peaceful sleep or a calming scent for meditative prayers, we will help to create the right fragrance for each of your needs.

15 SCENTS TO BLEND FROM

Frangipani	Oud	Bergamot	Vetiver
Ginger	Sandalwood	Tobacco	Jasmine
Patchouli	Vanilla	Tea	Incense
Ocean	Amber	Mimosa	

 2 Hours

 125 per person.

Includes a 25ml bottle of perfume

* All fragrances contain 21% perfume concentrate and do not contain preservatives, GMOs or phthalates.





AURA

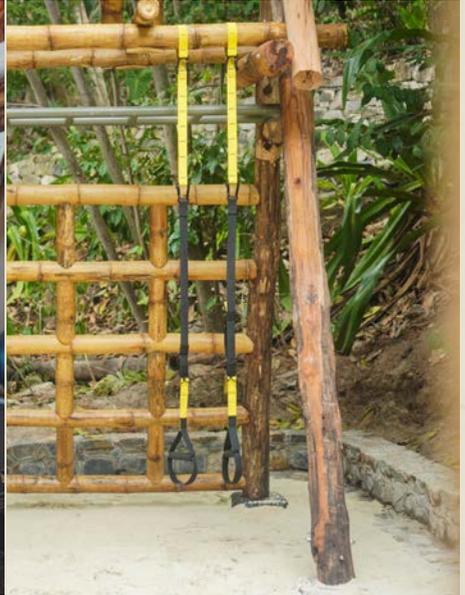
WELLBEING

BREATHHE

Breathing at Bawah is about finding the perfect balance between movement and stillness. Elevate your pulse with a sunrise jog along our forest trails or dip into our placid lagoons for a morning swim. Then wind down with a twilight yoga class along the water's edge. Like the tides, activity levels rise and fall as you reconnect to your body and harmonise your physical and mental wellbeing.

- **Daily Movement Classes**
- **Private Movement Classes**
- **Air-conditioned Gym**
- **Jungle Gym**
- **SUP Yoga**





DAILY YOGA AND PILATES CLASSES

Breathe in and out to the rhythm of the waves lapping on the shore or zen out in nature on our outdoor yoga deck. We offer two daily classes, and guests can also book private personalised sessions.

AIR-CONDITIONED GYM

Our fully-equipped indoor gym comes complete with cardio and weight equipment as well as a TRX system, kettle bells, boxing equipment and, of course, our stunning lagoon views.

JUNGLE GYM

A custom-made, outdoor gym created to leverage body weight and gravity offers a total-body strength workout.

PRIVATE CLASSES (\$)

A one-to-one gym, yoga or Pilates session offers guests the opportunity to set specific goals for flexibility, strength or meditation.

MOONLIGHT MEDITATION

Experience a guided evening meditation class held under the stars on Bawah's east jetty. This session will help you focus your mind, reveal and release old blocks and patterns, and fall into a space of peace. You can close your eyes or simply gaze up at the beautiful sky.

WALLACE LIBRARY

Named after the British naturalist and explorer, Alfred Russel Wallace, the library offers a cool respite from the tropical heat. Guests can relax and peruse an array of books, which are free to borrow during your stay.

SUP YOGA (\$)

Stand up paddleboard yoga is a wonderful way to experience nature and diversify your yoga practice. Your instructor will guide you through the poses, and no experience is necessary. You'll get a different type of workout doing SUP yoga as it engages new muscles, and you'll develop mindfulness as you focus on your movements.

(\$) = additional change applicable

○ 3 Hours

\$ IDR 2,500,000

AURA ETIQUETTE & DISCLAIMER

SPA OPENING HOURS

Daily: 9:00am to 8:00pm
Last booking: 6:00pm

SPA RESERVATION

Advance booking prior to your arrival is recommend to secure your preferred date and treatment time.

PRIOR TO ARRIVAL

We recommend you leave all jewellery in your room before coming to the spa. Male guests are advised to shave before facial treatments for best results.

ARRIVAL

Please arrive 10 minutes prior to your treatment in order to complete a health assessment form and ensure time to relax in our tranquil spa surroundings before your treatment.

LATE ARRIVALS

Out of respect for other guests' reservations please be aware that we are unable to extend your treatment time in case of late arrivals.

DURING YOUR STAY

In consideration of other guests, smoking and use of mobile phones are not permitted. Aura Spa is a sanctuary of peace and harmony so please speak softly so as not to disturb other guests.

PREGNANCY

If you are pregnant, you should avoid certain massage treatments and essential oils, especially during your first trimester.

POST-TREATMENT

We recommend that you avoid sunbathing for three hours following body and waxing treatments.

PAYMENT

All treatments are subject to a 21% total government tax and service charge. Additional service charge is not included in the price.

GRATUITY

If you choose to leave a gratuity, it is generally shared amongst all support staff, but you may add a gratuity for your therapist only if you wish.



