



D.I.Y. *Dips*

Get the scoop on these easy-to-make dip recipes.

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With finals just around the corner, it can be tempting to hit up campus markets or the grocery store for convenient processed and prepackaged snacks. However, choosing the right snack to fuel hours of studying is just as important as choosing the correct Scantron spaces on that Econ test. Whip up these quick, easy and portable dips to power through your studies. Sharing with group project partners: optional. **b**



PIZZA DIP

INGREDIENTS:

- 6 ounces ricotta cheese
- 3/4 cup pizza or marinara sauce
- 6 ounces shredded Italian cheese blend (such as mozzarella and parmesan)
- Pepperoni slices (optional)



DIRECTIONS:

Preheat oven to 350 degrees F. Spread the ricotta cheese evenly across the bottom of a baking dish that is no more than 6 inches wide. Next, pour the sauce directly on top, and spread it evenly. Distribute all of the shredded cheese on top (be generous), and layer the top with pepperoni slices, if desired. Bake for approximately 30 minutes or until the cheese is golden-brown and bubbling. Serve warm with corn chips, pita chips or flatbread triangles.

BUFFALO CHICKEN DIP (DORM FRIENDLY)

INGREDIENTS:

- 8-ounce package of cream cheese, softened
- 1 cup shredded mozzarella cheese
- 3/4 cup Frank's Red Hot (or any buffalo) sauce
- 3/4 cup ranch dressing
- 1 can chunk chicken breast



DIRECTIONS:

In a medium bowl, add the cream cheese and shredded mozzarella cheese. Combine, then microwave for 30 seconds. Stir until the cheese is melted and creamy (reheat if necessary). Gradually add in the buffalo sauce and ranch dressing. Stir thoroughly until all lumps are gone. Drain the can of chunk chicken breast, then dump it into a separate small bowl. Break up the chunks with a fork until the chicken reaches a shredded texture. Add the chicken to the buffalo mixture and stir together until completely combined. Serve warm or at room temperature with sliced veggies, crackers or tortilla chips.



FUNFETTI DIP (DORM FRIENDLY)

INGREDIENTS:

- 1 (18.9-ounce) box Funfetti cake mix
- 2 cups nonfat plain Greek yogurt
- 1 cup lite Cool Whip, thawed



DIRECTIONS:

In a large bowl, add cake mix, yogurt and Cool Whip. Mix well with a spatula until all lumps disappear. It's best served cold, so cover with foil or plastic wrap, and refrigerate for at least four hours. If you just can't wait, consume immediately. Serve chilled with fruit, animal crackers or graham crackers. *Remember to refrigerate all leftovers!

