

# The 5 Best Moisturizers For Sensitive Skin

With cold weather on the way, it's prime time to invest in a moisturizer you can really count on. If you have sensitive skin, you've probably experienced some frustrating moisturizer letdowns over the years. Maybe you were thrilled to try out a new lotion you'd heard great things about, only to put it on and find out that it stings, burns, reddens, or otherwise irritates your skin.

So what's to blame for those problems? For people with sensitive skin, a number of factors could be in play. Common moisturizer ingredients can wreak havoc on some skin types. So, when you're moisturizer shopping, you need to pay just as much attention to what the product *doesn't* have as what it does. As a rule, you'll want to avoid scents, dyes, parabens and lanolin.

That might sound limiting, given the laundry list of ingredients in most moisturizers, but it doesn't have to be. You can still buy a great moisturizer to keep your skin hydrated all winter long. Don't stress—we've done the research for you and rounded up five amazing products to save your skin. With known skin-comforting ingredients like vitamin E, aloe, and antioxidants, these moisturizers have what it takes to transform and soothe your skin. From a classic cult favorite you might have seen in your mom's bathroom to a K-beauty standout, all of these moisturizers are poised to be your new must-have.

# A Korean Beauty Favorite That Locks In Moisture And Keeps Your Skin Looking Young



Dr. Jart Ceramidin Lotion  
[\\$29.87 on Amazon](#)

Dr. Jart products are favorites among skincare experts, and for good reason. This unique formula thoroughly penetrates your skin for a deeply soothing application. It's packed with calming ingredients like licorice root and aloe, and it uses ceramides to create a barrier that keeps skin from losing hydration throughout the day. Fans of this product love its ability to calm skin irritations and rave about its powerful anti-aging affects. If you're looking to reduce redness and increase skin firmness, give this lotion a try.

# A Time-Tested Classic That You Can Use On Your Entire Body



Cetaphil Moisturizing Lotion  
\$15.99 for 2 on [Amazon](#)

A classic skincare line with a ton of devoted fans, Cetaphil has been making great skincare products since 1947. This lotion is definitely a favorite, with 78% of Amazon reviews giving this standby five stars. Cetaphil's formula includes vitamin E to soothe and avocado oil to hydrate for time-tested results customers can count on. Plus, this budget-friendly moisturizer can be used wherever you have dry and irritated skin, not just on your face. From your elbows to your cheeks, Cetaphil is a great value that has you completely covered.

# A Gentle Fix For Irritated, Cracked, And Red Skin



Vanicream Lite Lotion  
\$11.99 on [Amazon](#)

If your sensitive skin is prone to itching, Vanicream Lite Lotion can come to your rescue. This dermatologist-tested formula is free of all irritants and has earned a seal of approval from the National Eczema Association. It's also great for temporary skin irritations like winter rash and perfect for anyone with sensitive skin. Vanicream is gentle enough for everyday use and can even be used on kids with skin irritations. So feel free to put this lotion to the test on your red, itchy, and cracked skin. According to over 2,000 five-star Amazon reviews, it can handle it.

# A Daily Lotion With Added Sun Protection



Paula's Choice CALM SPF 30 Mineral Moisturizer  
\$27.55 on [Amazon](#)

Sunscreen is so important, but it can be hard to wear under makeup without looking greasy or flaky. Paula's Choice Calm eliminates those issues. This lightweight mineral-based formula leaves a matte finish that reviewers love under makeup. Formulated without fragrances or dyes, this moisturizer uses antioxidants to calm redness and improve skin health. If you're looking to add a facial sunscreen to your routine (and you really should be!) without the risk of irritation, Paula's Choice Calm could be exactly what you need.